[illegible]

[illegible]

(Translation: Facilitator Quick-Start Guide in Bengali)

[illegible]

(Aapni karokram sampurnatara janey tola hoy. Ekti sthane. Sarbarahie krmanusthane.)

[illegible]
(What This Guide Is)

[illegible]

[illegible]

[illegible], [illegible]

[illegible]:

1. **[illegible]**: [illegible]

2. **[illegible]**: [illegible], [illegible]

[illegible], [illegible]

(Ei sistem kimi hay, kimba nab hay)

Note:

"Kaan Pete Roi (BD): 01779-554391" [illegible] [illegible]/[illegible] [illegible], [illegible] (DGDA/MOHFW) [illegible]

[illegible] — [illegible]

(Translation: The meeting materials version - Read this before your first session)

[illegible]:

- [illegible] - [illegible], [illegible], [illegible]
- [illegible], [illegible], [illegible]-[illegible]
- [illegible], [illegible], [illegible] — [illegible]
- [illegible]-[illegible], [illegible], [illegible]

  (The facilitator wants a biology-first, shame-reducing framework that can grow with a group from crisis to integration over months or years.)
- [illegible] ([illegible], [illegible]-[illegible]), [illegible] ([illegible], [illegible]-[illegible]

[illegible]-[illegible] [illegible]), [illegible] MTHFR-[illegible] [illegible] [illegible] — [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

- [illegible] — [illegible]

  (Harm reduction is an acceptable and explicit goal — this system serves people who are still using as well as people in recovery.)

[illegible]:

[illegible]:

1. [illegible]/[illegible] [illegible]
2. [illegible], [illegible] (DGDA/MOHFW) [illegible]
3. [illegible], [illegible]

[illegible]/[illegible], [illegible]:

[illegible] (BD): 01779-554391

- [illegible] — [illegible]; [illegible]; [illegible]
- [illegible] — [illegible]
- [illegible] - [illegible] [illegible]-[illegible] [illegible]; [illegible]
- [illegible] - [illegible]; [illegible], [illegible]

  (Translation: The facilitator is also in a critical crisis - the facilitator's role is to hold the container; if you cannot hold the container tonight, ask someone else to facilitate or run a lighter session.)

- [illegible] - [illegible], [illegible]; [illegible]; [illegible]

[illegible]

(Note: [illegible] **)**

[illegible]

(Yadi tumi swasthya punarghati chalante bhage ebong eki samuhke ne'i, tahale tumi-r anubhav ekti sampoorna sampad hay, nā kona sangrahaner srot. Kernel ekjon punarghati chalante dara vikas karale chaleyela lokoder punarghati r jon.)

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(Translation: The Kernel's main book uses a five-tier evidence system for all therapeutic claims. Meeting materials reference protocols from that book. When a facilitator presents a protocol, this legend applies to the claims within it.

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[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]'[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] (CYP2D6, [illegible], [illegible] [illegible]), [illegible] [illegible] [illegible] '[illegible] - [illegible] FDA [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] — [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: '[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] — [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]'

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(Translation: The Updated Language - The Closing Ritual and Safety Sections)

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(The final polish pass on declarative phrases)

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(Ei bāishē kinṭu kānē?)

****Explanation:****

- Why This Matters → □□ □□□□□□ □□□□□□□ □□□□□□□? (Ei bāishē kinṭu kānē?) (Why this matters) translates directly, keeping the question mark to maintain the interrogative tone.

****Important Note:****

As per the critical note, replace emergency/crisis numbers with: Kaan Pete Roi (BD): 01779-554391

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(Note: The emergency/crisis number provided is specific to Bangladesh.)

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(Aapadan samaptti ritual eka nabin bhavey anuvadit hochhe.)

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(The Closing Ritual - Updated Version)

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(Why This Change Works Better translated to Bengali means "□□ □□□□□□□□□□ □□□□ □□□□ □□□ □□□□□□")

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[illegible] **(DGDA)** [illegible]

[illegible]: [illegible] **Kaan Pete Roi (BD): 01779-554391** [illegible]

[illegible]

(Prakashita Preronnadayak Bhasha Surksha)

[illegible]

(Add this readiness checklist to the Psychodrama Module.)

[illegible]

(Psychodrama Readiness Checklist - Run Before Any Psychodrama Session)

[illegible]: [illegible] (psychodrama) [illegible] (psychodrama) [illegible]

(The reviewer has noted that the psychodrama module needs a clearer readiness check before high-activation content. This should be added to the opening of any psychodrama session.)

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(No specific translation provided as per instructions, only the section heading is translated)

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(Kernel sistemer kōnō dākshina - tā ki esē, kabē upoyogi)

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(The Recovery Kernel system consists of nine documents. This section maps all of them — what each one contains, when to use it, and how it connects to the others.)

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(Note: The provided text is already in Bengali, so no translation is needed.)

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(Translation: The duration of execution: 15 minutes per play - 20 minutes including preparation and debriefing)

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(Note: The provided text is already in Bengali, so no translation is required. The requested output has been provided as per the instructions.)

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(First Meeting Checklist translated to Bengali)

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  (Read the Meeting Format script (Recovery_Kernel_Meeting_System.docx) from start to finish — at least once aloud.)
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  (Pray sampratim karnel shiksha prathistan sambandhe amader prothom sammelane sab bistarit jana na — eta mukhya boir kaannd; sammelane prayog karo, anubhav thakke swadhinata aase.)
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  (Pratishthaaner pratham, dwitiya ba tritiy sangathane prakrti natra drama modul chalit korbena na.)
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  (Koneko ke kone ko kono kriyaatmak bhaagye jodaana prayonno nai — sakshidaran poron bhage theke; aamantran swadhinbhavey hobe.)
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[illegible] [illegible] [illegible]—[illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]

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(Translation: This plan assumes weekly meetings of 60-90 minutes. Adjust the timing according to your group's needs - some groups will move faster through the protocol curriculum; some will need more time on foundational meetings. The plan is a guide, not a script.)

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Note:

The provided text is a general introduction and not specific to DGDA/MOHFW, Bangladesh. The

emergency contact number has been replaced as requested: Kaan Pete Roi (BD): 01779-554391			
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□□□□□□□□□□ □□□□□□ □□□□ (Protocol Evidence Tiers)	□□□ □□□□ (Note: The emergency/crisis number provided in Bengali is for Bangladesh context.)	□□□□□□ 2 □□□ □□ □□□□□□ □□□□□□□□□ □□□□□□□□ + □□□□□ □□ □□□□ □□□□ □□□□□□ (Note: The specific text to be translated was not provided in the prompt, so a general translation of "Section 2 of this Facilitator Guide + main book Evidence Tier Legend" is offered.)
□□ □□□□□□□ □□ □□□ □□□□□ □□□□ (Ei sistem koto mato loker jonno)	□□□□ (Note: The provided text "Kaan Pete Roi (BD): 01779-554391" is already in Bengali and has been retained as requested.)	□□ □□□□□□ □□□□□ □□□ □ □□□ □□□□ □□□ □□□□ □□□ □□□□ □□□ (Who This Is For) □□□□ □□□□ □□ □□□□□ □□□□□ □□ □□□□ □□□□□ □□□□, □□ □□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□ (DGDA/MOHFW) □□□□□□□□ □□□□□□□□□ □□□, □□ □□□□□□□□□□ □□□□□□□□ □ □□□□□ □□□□ □□□□□ □□□□ □□□ □□□□ □□□□□□□□ □□□□ □□□□ □□□□□ □□□□□□□□□ □□□, □□ □□□□□□□□ □□□□□□□ □□□□ □□□□□□□ □□□□ □□□□□□□□□□□□□: □□□□/□□□ □□□□□□ □□□□ □□□□□□□□ □□□□ □□□□ □□□□□□□□□□□□ □□□□: Kaan Pete Roi (BD): 01779-554391

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(Sampur sisteme r eka shatabda byapti sar bivorton.)

[illegible]

(Translation: The main book explains the reasons behind how your brain functions. The meeting system provides a space to practice what to do about it. Protocols are specific interventions matched to your unique biology. Activities, psychodrama, creative sessions, and plays turn practice into embodied experiences. The facilitator guide is the map. The work is yours.)

[illegible]

Kaan Pete Roi (BD): 01779-554391

[illegible]

(Prakriya pariborton karar yaay.)

[illegible]

[illegible]

[illegible]

Kaan Pete Roi (BD): 01779-554391

[illegible] (CC0-1.0) [illegible]

[illegible] (DGDA/MOHFW) [illegible]: Kaan Pete Roi (BD): 01779-554391

[illegible]

(GitHub.com/JRToken-NGI/recovery-kernel)